

Alberta Native Friendship Centre – FMS Workshop



You are invited to learn to deliver...**FUNDamental Movement Skills. To build overall motor skills...the skills needed to play many sports and be active for Life!**

This workshop is for Youth Leaders working with children 6 – 9 years old.

When: Saturday, March 6, 2010
Where: 15001-112th Avenue, Edmonton

What:

8:30 – 9:00 am	Arrive and Register
9:00 – 12:00 pm	Workshop – Part 1
12:00 – 12:30 pm	Lunch
12:30 – 3:30 pm	Workshop – Part 2

***** Lunch and refreshments will be provided!***

Please bring a water bottle, and come appropriately dressed to participate in physical activity!

Government
of Alberta ■



Alberta ■

Freedom To Create. Spirit To Achieve.